

LET NO ONE JUDGE YOU REGARDING SABBATHS

INTRODUCTION

Someone I am studying with is also studying with a Seventh-Day Adventist and inquired about the Sabbath, which is a good question and worthy of a straightforward response from Scripture.

I. SABBATH KEEPING IS EXPRESSLY EXCLUDED FROM THE NEW TESTAMENT

A. **Colossians 2:13-19**

Within the context of contrasting the shadow of the Old Law with the substance of the New, Paul explained that Sabbath-keeping cannot be rightly imposed under the present covenant.

II. SABBATH KEEPING BELONGS TO AN EXTINGUISHED COVENANT

A. **Exodus 20:8-11**

When God, through Moses, presented the Ten Commandments to Israel, it was the first time any people had ever been taught about the Sabbath.

B. **Genesis 2:1-3; Nehemiah 9:13-14**

Even though God sanctified the seventh day at the beginning, only He knew about it. It was not shared with man until Moses.

C. **Exodus 31:16-17**

The Sabbath pertained to Israel, and only Israel.

D. **Hebrews 8:13; Romans 10:4**

The former covenant is no longer in force.

III. MODERN SABBATARIANS DON'T EVEN KEEP THE SABBATH

A. **Exodus 31:14-15; 35:2-3**

Truly keeping the Sabbath requires executing all Sabbath breakers, even those who kindle a fire. Who does that today?

B. Numbers 15:32-36

The command was taken seriously and literally. The Israelites actually killed violators of the Sabbath. No one is doing that these days.

IV. CHRIST IS HONORED ON THE FIRST DAY OF THE WEEK

A. Mark 16:9

He rose from the dead the day after Sabbath.

B. Acts 20:7

It is this day when first century disciples ate the Lord's Supper, and the day was not incidental (6, 16).

C. 1st Corinthians 10:16

The first-day-of-the-week breaking of bread is the communion of Christ's body.

V. WE AWAIT A BETTER SABBATH

A. Hebrews 3:16-4:11

The true rest provided by the Lord awaits believers in the hereafter. It was not given during the past Covenant.

B. Revelation 14:13

Those who are in the Lord when they die receive the promised rest.

C. 2nd Thessalonians 1:6-7

Our rest waits until Jesus comes.